As stewards of the discipline, BSPE candidates will demonstrate content knowledge in the subject area of Physical Education and/or Sports and Fitness.

As reflective inquirers, BSPE candidates will apply human development theory and research-based practices, strategies, and techniques related to the psychomotor domain while working with K-12 students, teachers, parents or exercise participants.

As stewards of the discipline, BSPE candidates will demonstrate proficient use of instructional technology while presenting physical education lessons and curricular-related projects to peers, faculty and students (K-12) or instructing fitness participants.

As mindful educators, BSPE candidates will demonstrate professional and culturally sensitive behaviors by developing lessons that address the needs of diverse students participating in physical activities.

As mindful educators, BSPE candidates will be able to demonstrate professional communication with students, supervisors, and parents verbally and in writing.

X=courses where outcomes are assessed/taught.